



nappynatter

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Real Nappy Week 2009

Celebrating the cost saving benefits of real nappies at an event near you!

28th April 10—12 Inverness Leisure Kids go Free! Lots of free, fun activities, bouncy castle, real nappy fashion show and free professional baby photo for first 20 families.

29th April 10.30—12 MacDonald Resort Aviemore Leisure Arena Nappuccino! Free coffee and cakes; sell on your second hand nappies and Grand Toy Swap.

1st May 10—11 Greenhouse, Dingwall Second hand nappies and Starter Packs available

1st May - Wick Nappuccino! Second hand nappies and Starter Packs available

See www.hrnp.org.uk for full details of Real Nappy Week events throughout Highland.

Inverness Nappuccinos
Eden Court Upper Foyer 10—11am
Tues 5th May
Free Creative Play Session
Tues 7th July
Lollipop nappy stall

Welcome to the latest edition of "nappynatter" - the newsletter for the Highland Real Nappy project. Contributions to the newsletter are always welcome: please get in touch to share product review details, volunteer updates and any other nappy-related news!

It's Official: Real Nappies are Best for the Environment!

Real Nappies are up to 40% better for the environment, according to the long-awaited update of the Environment Agency report on the lifecycle of re-usable vs disposable nappies.

The environmental benefits are achieved by following simple guidelines like avoiding tumble drying, and washing at no more than 60°C in an A-rated appliance.

The report findings confirm what many real nappy users already feel to be true and reinforce the cost saving and waste reduction benefits of modern cloth nappies.

A link to the report can be found on HRNP's website.

Real Nappy Saving Scheme for Inverness.

Inverness Credit Union has recently launched a Real Nappy loan scheme to help meet the initial outlay of buying real nappies. The Credit Union supplies low cost loans which can be repaid on a weekly or monthly basis. To be eligible you must live or work in Inverness and have saved for a minimum of 13 weeks. Contact ICU on 01463 220884.

Real Nappy Week Competition!

Using modern cloth nappies will save an average amount of £500. What would your family do with that extra cash — or what have you done with it already!

Please email your suggestions by 10th May 2009 to info@hrnp.org.uk

Our favourite will win a £20 Mothercare voucher.

Real Nappy Reviews

Our intrepid real nappy testers are carrying out tireless research in the quest for an alternative to the quick drying but now discontinued Totsbots Fluffle... Very popular seem to be a couple of Lollipop nappies—the Softee and the Micro. We will be acquiring more samples of these two nappies to test a bit harder for their durability with a view to perhaps including them in our Trial Kits or Starter Packs.

Lollipop Softee

The Softee is made from long loop microfibre, contains well, is very absorbent and is very, very quick to dry. It comes in two sizes with velcro-style fastening.

Bambineo Teddy

This nappy was also rated highly: very absorbent, cleans well and very quick drying. It is also available in nippa fastening so a bit more flexible, with a size 2 potentially working for birth to potty.

Lollipop Micro

The Micro was also really popular with our testers. Highly absorbent and really fast drying. It is made of a polar fleece with an absorbent micro fibre core. Available in two sizes with velcro fastening.

There will be an agent selling Lollipop nappies at the summer Nappuccino in Inverness on Tuesday 7th July, 10am at Eden Court Upper Foyer.

Second Hand Nappies and New Nappy Accessories Available

HRNP is now offering a range of accessories which will be on sale at many of our events and Nappuccinos. Paper liners, vest extenders and nappi-nippas can be bought direct from HRNP so you can save on post and packaging costs.

We are also now selling second-hand nappies. Donations of good quality second hand nappies are welcome and we will also be buying back popular second hand nappies according to demand. Please see www.hrnp.org.uk for details.

HRNP AGM 2009

Everyone is welcome to attend the 2009 AGM which will be a friendly and informal event held at the Drumossie Hotel, Inverness on Thursday 7th May at 8pm, following the regular committee meeting at 7.15pm. Refreshments will be provided and we hope that the bulk of the evening will be a social event after the AGM business is swiftly concluded!

Bargain Starter Packs Available.

HRNP's bargain Starter Pack scheme is up and running. Small and medium size packs are available for just £10 (£5 conc) and include a great range of nappies and accessories to let Highland families give real nappies a try. Each pack contains six types of quality nappies; two covers; paper and fleece liners, a nippa and even a washable wipe. Contact HRNP for details.

Sheiling Dryers — the answer to rainy day drying?

A campsite owner from Mull has developed the Sheiling Dryer so you can get your washing dry outside even on the wettest of our gorgeous Highland summer days... The tent-like canopy uses the wind-tunnel effect to provide a green alternative to tumble drying. See www.sheilingdryer.co.uk for more details.